# A Healthy Times Interview with Dr. Gilbert S. Jaudy, D.C., C.C.S.T. By Mike Bundrant

HT: Welcome Dr. Jaudy. Can you tell us about your work and the field of Functional Neurology.

DR. JAUDY: Actually my very first degree was in Journalism, so I believe that was very helpful because I carried over an inquisitive and investigative approach to health care. After my Doctorate Degree in Chiropractic, I pursued post-graduate training in the field of Clinical or Functional Neurology. President George Bush Senior in 1990 signed a declaration designating the 1990's to be the "Decade of the Brain" which gave birth to this neuroscience and there was explosion of active brain research which consisted of world-class researchers and scientists. It is a never-ending field of study. I regularly travel all over the world and the U.S. pursuing the latest in clinical applications and studies.

#### HT: You mentioned that the approach to the treatment was Brain-Based?

DR. JAUDY: Yes. These exciting breakthroughs and latest scientific discoveries have changed the way the medical community views chronic pain and how it should be treated. Also the understanding of how the brain interacts with the rest of the body as well as what goes wrong when it is injured or damaged and to understand the actual mechanism of suffering and pain. Now, finally we have treatment procedures and diagnostics that at the underlying aspects of brain function behind the cause of symptoms. Our treatments are Brain-Based, non-surgical and non-pharmaceutical.

HT: If you could convey one message to the reader, what would it be?

DR. JAUDY: That is never too late. That age has nothing to do with function. The research of brain mapping and fixing dysfunctions through neurological circuitry is at the forefront of modern science. To relay the impact of the advanced breakthroughs and applications in Functional Neurology to achieve full brain integration for quality of life. If you are not integrated, then you disintegrate. It will open your eyes to the truth about human function vs. dysfunction and how the brain can be re-wired or re-mapped to correct brain mis-firing which leads to a myriad of neuro-

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logical and metabolic conditions and symptoms. We are meant to pass on in this life because it is time, it is ripe, not succumb to a miserable end, or a poor quality of life. Sorry Mike, I think that was more than one message and then some.

## HT: Not at all, I can sense the genuine passion for your work. Are there any cases that stand out?

DR.JAUDY: I have many people that come to me and say I am doctor number twentythree or twenty-four. I had a very sweet young lady referred to me by another doctor and I was her doctor number eighteen. I had full medical records on her. The girl lives in the LA area away but she would drive up here twice a week. The girl was young, but she was very, very sick. Again, age does not have anything to do with function. The bottom line is that the girl is better than ninety-five percent today, and she now comes once a month or every two months. You can be fifty-years old and someone might say that these are the problems for a fifty-year old person. Or if older they will say, "Well, you're done now. Go home and sit there and die, or do whatever you need to do." That is wrong! I had one man that was flown in from out of the country to see me. He had already seen many doctors from all over the world. He came in with right-sided arm facial, arm, throat, and top of the lung paralysis. He couldn't say a word. He only wrote things on a piece of paper. He couldn't even swallow. The doctors told him that they were going to permanently put a tube in his throat. He is seventy-five years old. Again I will go back to what I said earlier, age has nothing to do with function. You might be eighty or ninety-years old but you are functional. We spent two months with him and after that he was able to call his family overseas and speak with them. They were crying and he was so emotional because he could speak.

We are very passionate about what we do and we are letting the whole world now about these procedures. I tell my patients all the time, this care is not a luxury, it is a necessity. Every person needs to be evaluated to find out his/her neurological status. You shouldn't wait until you have a problem. When you're functional, you are happy and enjoy life. I hear this from my patients all day long. They tell me, Dr. Jaudy I am happier with my family, I can walk, I enjoy life better. I enjoy walking my dogs I am losing weight and I'm not trying.

### HT: Where do you begin to approach the problem?

**DR. JAUDY:** We address the function of the nerves starting from the brain. The brain is a neurological entity that is extremely complex. It has different divisions, different lobes, and different layers and compartments. It's like you, You are the CEO of Healthy Times and you have different divisions and have different people sending you information, articles, Ads. You need to get all this information, assimilate the information, distribute the information and put it into a magazine context. So what happens is that the brain functions at a very, high level and gets all this information and sorts it to different departments in the bran and starts assigning functions. If there is a problem in any department or division, function would be compromised. As a result of that in the human body, little by little, day affer day, year after year, starts suffering and suffering manifests into symptoms. If symptoms are not addressed they can become diseases.

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